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Keeping the Community Aware Since 2005

Vol. 17/ No. 17

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Eid Mubarak! It's time to thank the Almighty for blessing us with the opportunity for spiritual cleansing of our souls one more time.

It is a day to cheer and laugh with your heart. It's a day to be grateful to Allah for all of his heavenly blessings on us.

May all our hardships get replaced by peace. May our faith in Allah get stronger with each passing day. May this Eid turns the desires of our hearts into reality and shines the light of righteousness on us and the goodness and joy in our lives be multiplied on this Eid. May Allah accept your prayers and good deeds and forgive our sins.

Brothers and sisters, friends and family, Eid Mubarak to you all. We pray that the Almighty makes our lives beautiful and our struggles meaningful.




Aameen.

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Chaand Raat



چاند رات

Night of the Moon Celebration

Sunday, May 1, 2022

Apna Dera (Formerly Mister Dees) at 9:30 PM
450 Beach Road, Cheektowaga, NY 14225



Scan for Vendor Registration

For table reservations, contact wnymuslims@wnymuslims.org or call 716-923-4386. Visit wnymuslims.org for additional event information.



Scan for Attendee Registration

Food, clothing, jewelry, henna tattooing, fashion items, as well as arts, crafts, and more! ★

For more details and vendor table reservation please click [here](#)



STAND UP BUFFALO

Eviction Prevention

AS A PART OF THE “STAND UP BUFFALO” INITIATIVE, THE CITY OF BUFFALO URBAN RENEWAL AGENCY (BURA) IS EXPANDING ITS SUPPORTIVE SERVICES TO HOUSEHOLDS FACING EVICTION.

Call 2-1-1 to learn more and apply today!

For more details pls click on the thumbnail below:



Are you at risk of eviction due to your inability to pay your rent as a result of the pandemic? The City of Buffalo has financial assistance to assist those who meet the eligibility requirements.

AS A PART OF THE “STAND UP BUFFALO” INITIATIVE, THE CITY OF BUFFALO URBAN RENEWAL AGENCY (BURA) IS EXPANDING ITS SUPPORTIVE SERVICES TO HOUSEHOLDS FACING EVICTION.

To qualify, applicants must provide:

- Proof of Household income at or below 80% Area Median Income *Low income is based on income and household size, i.e. under \$62,100 for a family of 4
- Proof of Buffalo residency
- Proof of tenancy, i.e. lease or landlord month to month statement
- Proof of overdue rent payment for any month after March 2020

Call 2-1-1 to learn more and apply today!



standupbuffalo.com



Closet For Humanity

Donation Drop off: By appointment only.

[4027 Bailey Ave. Amherst NY 14226.](https://www.closetforhumanity.org/)

wnym@wnymuslims.org

VOLUNTEERS NEEDED

(for the closet setup)

Interested Volunteers, please register by clicking [here](#) or scanning the QR code,

Thanks:



For more details please click [here](#) or on the thumbnail. Please donate hangers for the closet setup



Olive Tree Family Services

[135 Grant Street Buffalo, NY 14213](https://www.dawnmafc.com)

716-332-1637

info@dawnmafc.com

www.dawnmafc.com

We work with families and make sure they understand that they are an integral part of the process, and their needs are heard, understood, and prioritized. everyone is welcome regardless of race, color, ethnicity and religion. All are welcome to be part of our community and all are welcome to become part of our family. Olive Tree is a place where everyone can feel at home.

Services:

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- Skill Building
- Community Groups

Dawn Martial Arts and Fitness Center

[5959 Main Street Williamsville NY 14221](https://www.dawnmafc.com)

T: 716-882-8990

info@dawnmafc.com

www.dawnmafc.com



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MARTIAL ARTS AND FITNESS CENTER

**Now
Open!**



DAWN
MARTIAL ARTS AND FITNESS CENTER

**Register
Today!**

- Huge discounts
- exceptionally economical packages
- Family discount
- Free uniform with contracts

For more details please click [here](#) or on the thumbnails below:

DAWN
MARTIAL ARTS AND FITNESS CENTER

Register Today!

WHAT WE OFFER

- Taekwondo classes for all ages
- Fitness Classes for Women
- Class sizes are between 5-10
- Customized individual programs
- Private Classes

OUR PROGRAMS

- Little Tigers: Ages 3-5
- Children's Martial Arts: Ages 6 & up
- Teens & Adults: Ages 13 & up

We are confident that our programs will meet the needs of any student, beginner or expert.

5959 Main Street
Williamsville, NY 14221 (716) 882-8990
dawnmafc.com

RESPECT DISCIPLINE CONFIDENCE

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DAWN
MARTIAL ARTS AND FITNESS CENTER

CALL TO ENROLL NOW! 716-882-8990

www.dawnmafc.com • info@dawnmafc.com

No Contract Packages starting at \$40 a month!
Family Discounts Available!

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Internship and Volunteering Opportunities

Interested candidates, please [email](#) us or Click [here](#) for more details.

wnyMuslims
PAID Internship!!!

Internship has potential to result in full time employment!
This is a great way to make extra money while gaining valuable experience in non-profit, community relations, and government affairs!

Current Project: StandUp Buffalo Rental Assistance Program

Contact us TODAY!
P: 716-923-4386
E: WNYM@WNYMuslims.org

Now Hiring

Labor Jobs, Restaurants Jobs and IT Jobs.

CLICK HERE TO APPLY

Featured Events

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Suny Muslims
Diversity Cruise

Please click [here](#) for the event coverage.



Please click [here](#) for the event coverage.

Notification

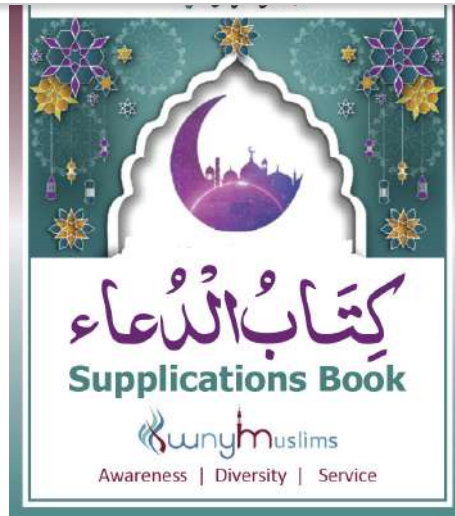
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Kitab-ud-Dua

We are humbly gratified to present our noble gesture, *A Collection of Supplications*, it is our sincere endeavor to express our gratitude towards The Almighty for all the blessings He bestowed upon us and to repent for our sins and to suppliantly pray to our Lord for the eradication of this prevailing pandemic from the face of the earth.

We highly appreciate our community's consistent support, which enabled us to have a strong foothold in the community. We pray that our persistent efforts with our meager resources be accepted by our Creator, and graciously request to everyone to keep us and our loved ones in your prayers as you benefit from this humble effort. May Allah reward you all for your noble actions, contributions and may keep you steadfast in the path of your faith. Aameen.

Please click on the thumbnail below for the PDF of the book



Mosques @ WNY



Islamic Society of Niagara Frontier



(716) 568-1013



Announcements

Ramadhan Eid Bazaar

Saturday April 30th 2022 11:00AM-4:00PM
For vendor space registration please click [here](#)

Tajweed Sessions for Men

Every Saturday during Ramadan after Asr (6:30)

Woemn's Halaqa and Walk
Every Sunday

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Masjid An-Noor

[745 Heim Road, Getzville NY 14068](#)

imamannoor@isnf.org

Eid Salah

1st 7:30 am

2nd 9:30 am

Jumu'ah Salat

Khutbah @ 1:30 PM and

Iqama' @ 1:55 PM

Masjid Taqwa

[40 Parker Avenue, Buffalo NY 14214](#)

imamattaqwa@isnf.org

Eid Salah

8:30am

Jumu'ah Salat

Khutbah @ 1:30 PM and

Iqama' @ 2:00 PM

For events and other announcements please click [here](#)



Muslim Society of Buffalo

Jami Masjid

[1957 Genesee St, Buffalo, NY 14211](#)

☎716-300-5040

jamiprograms@gmail.com

jamimasjidbuffalo.org



Jumu'ah Salat

1st- 1:15pm

2nd- 1:50pm

For more details please click [here](#)

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[Amazon.com: Take Your Lunch Break: Helpful Tips for Relieving Work-Related Stress eBook : Chohan...](#)

[Take Your Lunch Break: Helpful Tips for Relieving Work-Related Stress - Kindle edition by Chohan, Massoma Alam.](#)

[amazon.com](#)



Take Your Lunch Break By Massoma Alam

I am a Pakistani Muslim trying to break the mental health stigma and normalize talking about our mental health.

I had severe anxiety for nine years and tried everything I could to overcome it, which I speak about in my TEDx Talk: “Go Spaghetti: Overcoming Anxiety” (which you can find on YouTube). What I couldn’t fit into my talk I put in my book. This book is a compilation of years of research and tried and tested methods that helped me and many others overcome the worst parts of anxiety and stress.

I am an Industrial & Organizational psychologist, motivational speaker, advocate for those with anxiety, and a mother. I have two beautiful children, a three-year-old boy, and a one-year-old daughter!

Take Your Lunch Break: Helpful Tips for Relieving Work-Related Stress contains my personal story of how anxiety almost cost me my job and mental health, plus tons of research and original interviews with mental health professionals and high-performing leaders. Topics in my book include: dealing with deadlines, bosses, burnout, coworker tensions, habits, goal setting, diet, and exercise. I took the best of what’s out there in the self and professional development world combined with my own expertise to bring one resource for you. A one-stop-shop if you will for everything on how to live your best life.

In all those sleepless nights, moments of paralyzing anxiety, and darkness that surrounded me, if I could go back and time and give myself this book, I know that it would have been a

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mental health, or their self-image. This book is for them. Because they don't need to suffer anymore.

As a South Asian, I always kept my struggles quiet and suffered in silence, one of the reasons I wrote this book was to give a voice to those who are afraid to speak up. I want to be able to inspire and give hope to people. I would love the support of this amazing community if you could please order my book and write a thoughtful review on Amazon that would help me tremendously!

For the Prayer Schedule of WNY Major Mosques please click [here](#)



Awareness | Diversity | Service

www.wnymuslims.org

📍 [4027 Bailey Avenue, Amherst, NY 14226](#)

✉ wnym@wnymuslims.org

☎ (716) 923-4386

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